#### **SOCIAL EVENTS**

### Therapeutic Recreation Social Dances

Teens & Adults,13 and older come out and dance the night away with new and old friends with snacks provided!

Location: Shiloh Center; 121 Shiloh Rd

Fee: \$2 per dance

Sweetheart Social: February 17, 7-9pm Spring Fling: April 20, 7-9pm

#### **Evening Social**

Event designed for adults 18 and older with or without disabilities. Enjoy socializing with old friends, and making new ones, too! We will try a variety of events, from dining out, watching movies, or just getting together to talk about a good book.

Location: Throughout Asheville area

Last Tuesday of each month

January-May, 5-7pm

Fee: Participants must pay for their meals, movies, etc.

Participants must RSVP to 259-5483 by 4pm on

Participants must RSVP to 259-5483 by 4pm on the Monday before.

#### **CLUB REC**

This program is designed for participants 18 years of age and older who have a disability or physical limitation. Club Rec focuses on enhancing the quality of life for individuals who would benefit from supervised social, recreational, or wellness programs. Club Rec will meet on Tuesdays, Wednesdays, and Thursdays from 10AM-1PM., starting January 3rd Location: W. Grant Southside Center; 285 Livingston St.

Monthly Fee: \$50R, \$55 NR.

Monthly Fee: \$50R, \$55 NR.

Participants are also responsible for their own lunch. One to one workers or CAP workers are welcome free of charge.

Registration: December 1-20; ongoing following holidays.

#### **ADAPTED SPORTS**

Jr. Bobcats Adapted Basketball Program
Sponsored by FIRST, this non-competitive basketball program is designed for boys & girls ages 6-18 with or without disabilities.
Players will learn basic basketball skills while having FUN.

Location: TC Roberson PEP Gym Date: January 26-February 23; Thursdays 6-7:30pm Fee: \$40 R, \$45 NR

Registration: 11am-3pm on December 7th, 6-8pm December 30th & January 6th at the

W. Grant Southside Center 285 Livingston St.

Special Registration at Family Fun Day Holiday Fest! Saturday December 10th from 11am-3pm in the Expo Building at the WNC Ag Center.

### Ted E. Tourist Adapted Baseball Program

This adapted baseball program is designed for boys & girls ages 6-18, with different abilities. Players will learn the basics of baseball and team sports, with an extra emphasis on FUN!

Location: MLK Jr. Park

Date: April 21-June 2, Saturdays 10AM-1PM

Fee: \$25 R, \$30 NR

Registration: March 30 & April 6 from 6-8pm March 31 & April 7 from 1-4pm

W. Grant Southside Center, 285 Livingston St.

#### **SPRING BREAK CAMP**

Spring Break Camp is a 5 day inclusive recreation program designed for youth 6-13 years old with or without disabilities who meet eligibility requirements.

Location: West Asheville Center Dates: April 2-6, 9AM-5:30PM Fee: \$60 R, \$65 NR

Registration: March 1-23

#### **SUMMER CAMPS**

Summer Enrichment Camp

SEC is a 9 week summer camp designed for youth 6-13 years old with or without disabilities.

Location: West Asheville Center
Dates: June-August, 10AM-5:30PM
Registration: Begins in May
Registration Fee: TBA
Camp Fee: TBA

#### Summer Teen Fun Camp

Sponsored by FIRST & Asheville Parks, Recreation, & Cultural Arts Department.
Summer Teen Fun Camp is an inclusive summer recreation camp designed for middle and high school aged teen with or without mild to moderate cognitive and/or developmental delays.

Location: West Asheville Center
Dates: June-August, 10AM-5:30PM
Registration: Begins in May
Registration Fee: TBA
Weekly Camp Fees: TBA

#### **Summer Theatre Camp**

Sponsored by FIRST and Asheville Parks, Recreation, & Cultural Arts Department.

This is a theatre camp for youth, teens and adults with disabilities who want to experience acting and drama.

Location: West Asheville Center Date: June-July

Fee: TBA, scholarships available
For information, call Janet at 277-1315

## NATIONAL THERAPEUTIC RECREATION WEEK

July 2012

Event date and location: TBA



#### **ADDITIONAL INFORMATION**

R=Asheville City Resident NR=Non City of Asheville Resident

For more information, contact the Therapeutic Recreation Office at: 259-5483 or trprogram@ashevillenc.gov

### Therapeutic Recreation Program Mission Statement:

To promote the quality of life of individuals with disabilities by providing a variety of specialized recreational services.

#### **Volunteers and Support Partners**

Volunteers are an important asset to this program. We always welcome volunteers and support partners who are warm, caring, willing to help out, or just be a buddy in our program. Volunteers also are key for safety and added fun of our programs. If you are interested, contact the Therapeutic Recreation office at 259-5483



Asheville Parks, Recreation, & Cultural Arts
Therapeutic Recreation Programs
PO Box 7148

Asheville, NC 28802

ASHEVILLE
Parks, Recreation
& Cultural Arts
Department

# 2012 Winter/Spring Schedule



#### Therapeutic Recreation Program

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259-5483
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